

TUMBLING TIMES

THE OFFICIAL NEWSLETTER OF WINSTARS GYMNASTICS



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Our 25th Anniversary New Logo



25 Years of Community, Challenges, and Triumphs

We were thrilled to celebrate Winstars' 25th anniversary of serving the Windsor and Essex County community on September 6th! Reaching this milestone is a huge achievement, reflecting two and a half decades of dedication, growth, and perseverance.

It's been quite a journey, full of ups and downs. Winstars first opened its doors at the former tennis facility, which became the Sandcastle Recreation Facility on Todd Lane off Huron Church. Unfortunately, this first chapter ended abruptly in 2008 when construction for the new highway connecting to the Gordie Howe Bridge forced us to move.

We relocated just a few kilometers away, near Howard Avenue and 6th Concession. After tackling extensive renovations and weathering the devastating automotive industry crash, that location was sold in 2012.

Our next home became the former Ice Park facility on Grand Marais in 2012. However, the early stages of the pandemic presented severe financial challenges, making it clear we couldn't stay. After being closed for 18 long months, we finally reopened in our current location in 2021. This facility has now become our stable home, allowing us to continue providing quality programs to local children and youth.

Looking Ahead

Running a small business today is incredibly demanding, especially with skyrocketing operational costs. Despite the challenges, we've held our own for 25 years, and that is a testament to the incredible support system we have.

We want to extend our deepest gratitude to our members and our amazing staff. Your loyalty and continuous support have been the cornerstone of our survival and success. Without you, we simply would not be here.

We are excited to continue this journey and look forward to the next 25 years!



Welcome our New Winstars Staff

We welcome some new certified coaches and coaches in training (CIT) to our already amazing staff.

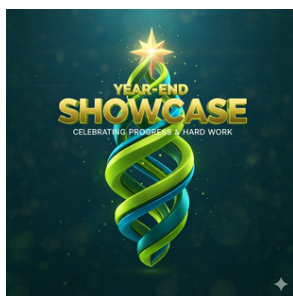
Thank you for taking on a job that we know will be fulfilling to you and to the children you work with.

We look forward to your growth and potential here at Winstars.



What a Triumphant Return!

Our Year-End Showcase made its energetic comeback in late June, featuring many incredible routines from 70 recreational gymnasts!



It was a day to celebrate every participant, with 350 awards handed out, including 141 gold, 149 silver, and 60 bronze medals.

Huge congrats to every gymnast who participated and helped make this long-absent event an overwhelming success!



HAPPY HALLOWEEN

Holiday Closures

We will break for the Christmas holidays from December 22 to January 4, 2026.

These missed classes (plus March break) are not included in the 38 weeks of classes and fee schedule from September to June.

Winstars Trivia



1. Do you shorter people make better gymnasts?
2. Who is Canada's most decorated female gymnast?
3. How long are girls floor routines at Olympics?
4. What does the 3F's stand for in our sport?
5. How much run up do athletes have on vault?
6. Why is it difficult for an infant to do a bridge?
7. Why is gymnastics important for toddlers?
8. What does CIT stand for in our sport?

1. Depends, as it all comes down to a strength-weight ratio. 2. Ellie Black 3. up to 90 seconds 4. Fun, Fitness, & Fundamentals 5. 25 metres 6. Their arms are relatively short compared to their head size. 7. One of the only activities that promotes overall physical development 8. Coach in training

Parents Night Out



This event allows parents an opportunity to go Christmas shopping or to just have a dinner out.

Date and more information on this event will be available in the next few weeks.

Christmas Shopping